Start the Conversation: How to Talk with Young People about Vaping, JUULs, and Other Electronic Nicotine Devices

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| Scenario: Teacher / Mentor / Coach /Community Member  Recently, you have noticed that one of the young people you work with and are close to has been hanging out with a new group of friends. After graduating, this student plans to work full-time doing construction work with their dad and go to college part-time, although lately you haven’t heard them say much about those plans. They are incredibly close with their younger sister, and they babysit to make extra money on weekends. When you ask what their weekend plans are, they say, “I’m going to a friend’s house, where everyone is going to be vaping.” |

Reflection Questions:

1. According to this scenario, motivates this young person?
2. How do you think you should respond?

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| Provide Accurate and Relevant Information |
| Reinforce School Policy and Community Laws |

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| Structure the Conversation using O.A.R.  What **open ended** question will you ask to move the conversation forward?  What **affirmation** can you sincerely give to focus on the young person’s strengths & positive behavior?  What might be challenging about **reflective listening**?  What is the one piece of **accurate information** you want to include? |